



PATIENT INFORMATION PELVIC ULTRASOUND

**YOUR APPOINTMENT
TIME IS:**

TIME:

DAY:

DATE:

**PLEASE REMEMBER TO
BRING YOUR REFERRAL AND
ANY PREVIOUS FILMS.**

FREQUENTLY ASKED QUESTIONS

What is pelvic ultrasound?

Ultrasound examinations use sound waves to produce an image which the Radiologist can interpret. Ultrasounds use high frequency sound waves which pass into the body from an ultrasound probe and the sound is reflected off the internal organs. The ultrasound machine changes the returning echoes into visible images and displays them on a television screen, which can be recorded on a film.

A full bladder is necessary to lift the bowel out of the pelvis, thereby allowing the sound waves to pass through the liquid in the bladder so that images of the uterus and ovaries may be obtained. Sometimes a transvaginal scan may be recommended for a more accurate diagnosis to be made. The abdominal approach gives a panoramic view of all pelvic organs, showing their size and relationship to each other. Because the probe is closer to the organs being examined, more detail may sometimes be shown with a transvaginal scan.

Do I need to do anything?

You will be required to empty your bladder at_____. Then drink 800mls of water between_____and_____. Make sure you have finished the water 1 hour before your appointment time.

DO NOT EMPTY YOUR BLADDER BEFORE YOUR APPOINTMENT.

You may eat normally.

What happens?

Pelvic ultrasound is performed with you lying down. A small amount of water soluble gel is spread over the area to be examined, to facilitate

good contact of the ultrasound probe, helping to produce the best possible images. The probe is moved over the area to be investigated.

Transvaginal scans.

The radiologist will decide if a transvaginal scan is necessary. This will be done by a female radiographer or the doctor. You may request a third person be present in the room. A consent form is signed. A small transducer (probe) is inserted into the vagina, covered with a protective sheath, usually a condom, and lubricated with gel.

The transducer is inserted by the examiner, or you may prefer to insert it yourself.

Are there any side effects?

There are no currently known significant harmful effects from the use of diagnostic ultrasound.

Ultrasounds are available at Illawarra Radiology Group at the following branches:

-Wollongong

383 Crown St

Wollongong 2500

Phone: 422878883

-Shellharbour

Suite 1, Professional Centre

Stockland Shellharbour 2529

Phone: 42967222

-Corrimal

3/83 Railway St

Corrimal

Phone: 42852119

-Warrawong

Shop 101, Westfield Shoppingtown

Cowper St

Warrawong

Phone: 42746855